

Super-Stretchy Cast On

This cast on does not work well for nubby or boucle yarns, but is amazing with a smooth yarn on any ribbed edge. (Works best on 1x1 rib, okay on 2x2 rib, not recommended for 3x3 or larger ribs.)

I learned this from the YouTube video *Jeny's Stretchy Slip-Knot Cast On*, by *Jeny Staiman*.

<http://www.youtube.com/watch?v=3n8E3I6Cg2k>

Questions, support, and comments:
talena@wintersdayin.ca

Find my patterns at:
Home:

www.talenawinters.com/designer

Etsy: www.mysecretwish.ca

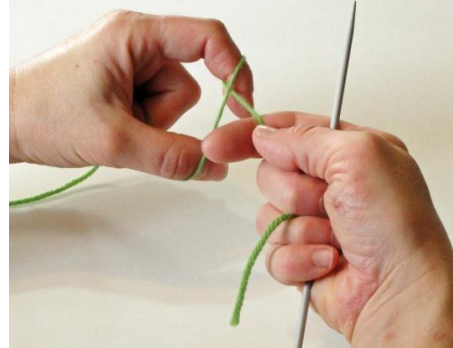
Craftsy: www.mysecretwishoncraftsy.ca

Ravelry: www.mysecretwishonravelry.ca

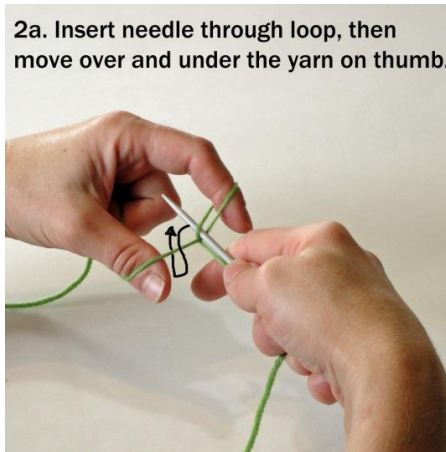
You may be interested in these patterns:



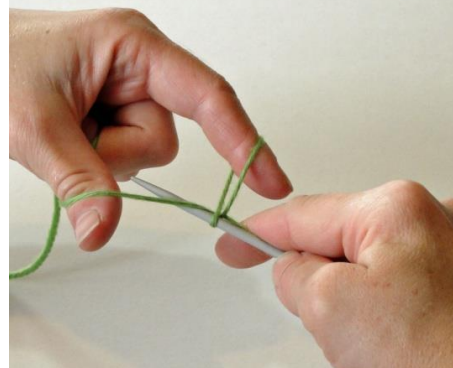
1. Hold the yarn tail and one dpn in RH. Use LH thumb and index finger to make loop in yarn with ball end on top.



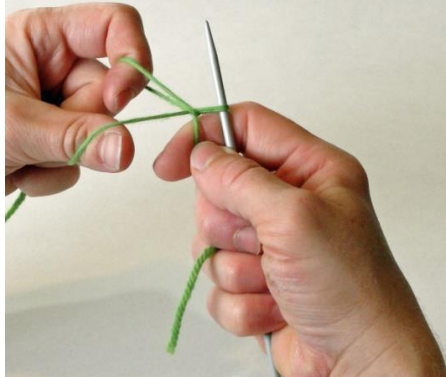
2a. Insert needle through loop, then move over and under the yarn on thumb.



2b. Keep tension on the loop to keep it open.



3. Use needle to pull yarn through the loop.



4. Tug on yarn to pull tight. You have just created one slip knot.



5. Repeat steps 1 to 4 to create successive slip knots.



6. Continue creating slip knots until you have the desired number of stitches. Keep stitch spacing even. If one tightens with too much of a gap, pull off needle and do it again.

